

Value and Convenience

We provide a range of essential services to seniors, which include meal preparation, companionship, transportation, shopping, yard maintenance, housekeeping, basic computer training, organizing, downsizing and more. We help seniors to live independently in the community which we live in. We aim to provide dependable, personal, caring services at reasonable prices.

A Friend of Mine is a family business operated by Leah Lywood. Our family has lived, volunteered and contributed to this community for a century and a half.

When “**A Friend of Mine**” service professional enters your home, you are assured that they are friendly and bondable.



Member of the Lindsay and District Chamber of Commerce



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Owned/Operated by: Leah Lywood



A Friend of Mine ~ Seniors Services

Our Commitment to you...

The idea for “**A Friend of Mine**” Services originated from the realized need for quality maintenance, cleaning, homemaking and yard care services for busy senior citizens. The company's main focus is to provide the services necessary for seniors to maintain their homes as well as their health and safety.

“**A Friend of Mine**” is committed to assisting our clients in maintaining a clean, safe, productive and healthy living environment.



HELPING SENIORS HELP THEMSELVES



When to call us?

If you are a senior who is 55 years of age and older (or a family member needing a helping hand for a loved one) wanting independence or you are in need of support to live on your own, we can help. For example, you could call us if:

- You feel isolated and alone
- You need help with basic household chores and preparing meals
- You or someone you are caring for needs assistance
- You need help getting the services you need
- You need transportation
- You are moving and downsizing
- Basic computer skills training
- Yard care for every season
- Reminders to pay bills

- Plan a special event
- Assist in reading
- You would like companionship (such as walks, pet care, watch movies, play cards etc.)
- And much more....

Often seniors are unable to care for themselves and need supportive housing or help within

their own homes to ensure that they can live independently.

Our Mission is to improve the quality of life and level of independence for every client and family receiving our home care services.

Call “**A Friend of Mine**” and see how we can help today.

Enquire about our Basic Housekeeping or our Premium Housekeeping Plan.

“Gift Certificates Available”

